

'OHRA Uitgebreid Fysio Meenemen' additional insurance package

Product number: 7700125

Valid from 01-01-2024 to 31-12-2024 (inclusive)

Your insurance is a aanvullende zorgverzekering and is based on 'refund' cover.

This means you are insured for:

Reimbursement for refund-based healthcare is up to 100% of:

- the statutory fixed rate or if there is no statutory fixed rate, the statutory maximum rate; or if there is no statutory maximum rate:
- the market rate applicable in the netherlands.

in any case, we never reimburse more than the claimed rate or the maximum stated for the insured healthcare.

In order to be reimbursed for the healthcare, the terms and conditions of insurance associated with this reimbursement overview apply. This healthcare is not subject to the deductible.

What is reimbursed	Amount reimbursed	Characteristics
Alternative and psychosocial heal	thcare	
Alternative and psychosocial healthcare (D.7.)	Maximum 500 euros per year	This healthcare is not subject to the deductible
The reimbursement of 500 euros app	plies to the following healthcare combin	ned:
 alternative and psychosocial treatments (D.7.1.) 	Maximum 40 euros per day	This healthcare is not subject to the deductible
• alternative medicines (D.7.2.)	100 %	This healthcare is not subject to the deductible
Glasses, contact lenses and laser	eye surgery	
Glasses, contact lenses, laser eye surgery and the statutory personal contribution under the general insurance policy (D.4.7.a., D.4.7.b., D.4.7.c. and D.1.4.)	Maximum 75 euros per 2 years, for all the healthcare combined	This healthcare is not subject to the deductible
Abroad		
Urgent medical care abroad (D.14.a.)	Outside the Netherlands or your country of residence 100 % of the claimed rate this includes the reimbursement under your general insurance policy	This healthcare is not subject to the deductible

What is reimbursed	Amount reimbursed	Characteristics
Urgent oral care abroad (D.14.b.)	Maximum 250 euros per year	 This healthcare is not subject to the deductible From 18 year(s)
Repatriation in the event of illness (D.14.c.)	100 %	This healthcare is not subject to the deductible
Transport of human remains (D.14.f.)	100 %	This healthcare is not subject to the deductible
Forwarding medicines and medical aids (D.14.g.)	100 %	This healthcare is not subject to the deductible
Communications costs (D.14.h.)	Maximum 350 euros per year	This healthcare is not subject to the deductible
Medical advice provided by emergency service (D.14.i.)	100 %	This healthcare is not subject to the deductible
Dietetics		
Dietetics (D.18.)	Maximum 150 euros per year, on top of the reimbursement under the general insurance policy, we first reimburse under the general insurance policy, and then under your additional insurance package	This healthcare is not subject to the deductible
Occupational therapy		
Occupational therapy (D.17.1.)	Per year 2 uur on top of the reimbursement under the general insurance policy, we first reimburse under the general insurance policy, and then under your additional insurance package	 This healthcare is not subject to the deductible Up to and including 17 year(s)
Training and guidance for carers in the case of occupational therapy (D.17.2.)	Per year 2 uur	 This healthcare is not subject to the deductible
Physiotherapy		
Screening prior to physiotherapy and exercise therapy (D.16.1.)	Per condition 1 sessions	This healthcare is not subject to the deductible
Physiotherapy and exercise therapy (D.16.1.)	Per year 18 sessions	 This healthcare is not subject to the deductible
Rollover service for physiotherapy and exercise therapy (D.16.4.)	Maximum 9 unused sessions	This healthcare is not subject to the deductible
Mental healthcare		
Light therapy for seasonal affective disorder (D.6.4.)	Maximum 250 euros per year	This healthcare is not subject to the deductible
Coping with traumas following a work-related incident (D.6.5.)	100 %	 This healthcare is not subject to the deductible

Acne treatment (D.10.3.) Maximum 150 euros per year Prish healthcare is not subject the deductible Maximum 150 euros once per insured person Maximum 150 euros once per insured person Prish healthcare is not subject the deductible Maximum 75 euros per year Prish healthcare is not subject the deductible This healthcare is not subject the deductible	What is reimbursed	Amount reimbursed	Characteristics
Acne treatment (D.10.3.) Maximum 150 euros per year This healthcare is not subject the deductible This healthcare is not subject the deductible Medical aids Medical aids Medical eo ther than a wig (D.4.4.b.) Connection charges and subscription costs for personal alarm, based on social grounds (D.4.16.a.) Statutory personal contribution and/or amount above the maximum reimbursement under the general insurance policy for medical aids (D.4.1.) You can choose from one of the following reimbursements: 1. costs for purchasing a bedwetting alarm (D.4.6.) 2. costs for renting a bedwetting alarm (D.4.6.) Orthotic insoles and medical aids for foot care (D.4.8 and D.4.9.) Home monitor (D.4.10.) Maximum 150 euros per year, for all the healthcare is not subject the deductible Maximum 150 euros per insured person Maximum 4 months once per insured person Maximum 150 euros per year, for all the deductible This healthcare is not subject the deductible	Skin therapies		
Medical aids Headpiece other than a wig (D.4.b.) Connection charges and subscription costs for personal alarm, based on social grounds (D.4.16.a.) Statutory personal contribution and/or amount above the maximum reimbursement under the general insurance policy for medical aids (D.4.1.) You can choose from one of the following reimbursements: 1. costs for purchasing a bedwetting alarm (D.4.6.) 2. costs for renting a bedwetting alarm (D.4.6.) Orthotic insoles and medical aids for foot care (D.4.8. and D.4.9.) Home monitor (D.4.10.) Maximum 150 euros per year or this healthcare is not subject the deductible **This healthcare is not subject the deductible or the de	Hair removal (D.10.2.)	Maximum 200 euros per year	
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Cranial orthosis (D.4.21.) 100 % This healthcare is not subject the deductible Post-mastectomy lingerie (D.4.22.) Maximum 90 euros once per insured person This healthcare is not subject the deductible	Braces and bandages (D.4.18.)	Maximum 150 euros per year	,
Post-mastectomy lingerie (D.4.22.) Maximum 90 euros once per insured person • This healthcare is not subject the deductible	Epileptic seizure alarms (D.4.20.)	100 %	, , , , , , , , , , , , , , , , , , , ,
insured person the deductible	Cranial orthosis (D.4.21.)	100 %	This healthcare is not subject to the deductible
Informal care	Post-mastectomy lingerie (D.4.22.)	•	This healthcare is not subject to the deductible
	Informal care		
Carer relief (D.24.2.b.) Maximum 2.250 euros per year • This healthcare is not subject the deductible	Carer relief (D.24.2.b.)	Maximum 2.250 euros per year	This healthcare is not subject to the deductible
Carer course (D.24.1.) Maximum 150 euros once per insured person • This healthcare is not subject the deductible	Carer course (D.24.1.)	-	This healthcare is not subject to the deductible

What is reimbursed	Amount reimbursed	Characteristics
Informal care broker (D.24.3.)	Maximum 7 uur once per insured person	This healthcare is not subject to the deductible
Medicines		
Statutory Medicines Reimbursement System (GVS) personal contribution for contraceptive medicines (D.3.2.a.)	100 %	 This healthcare is not subject to the deductible Up to and including 20 year(s)
Statutory Medicines Reimbursement System (GVS) personal contribution for all medicines (except contraceptives) (D.3.2.b.)	Maximum 150 euros per year	This healthcare is not subject to the deductible
Contraceptives (medicines and medical aids) (D.3.5.b.)	Maximum 200 euros per year	 This healthcare is not subject to the deductible From 21 year(s)
Specialist medical healthcare		
Sterilisation male (D.1.1.)	Maximum 400 euros	 This healthcare is not subject to the deductible From the age of 18, the deductible does apply to, for example, preliminary examinations, follow-up examinations or laboratory tests if these are not part of the treatment claimed under the Diagnosis-Treatment Combination ('Diagnose Behandel Combinatie', DBC) You are male
Sterilisation female (D.1.1.)	Maximum 1.250 euros	 This healthcare is not subject to the deductible From the age of 18, the deductible does apply to, for example, preliminary examinations, follow-up examinations or laboratory tests if these are not part of the treatment claimed under the Diagnosis-Treatment Combination ('Diagnose Behandel Combinatie', DBC) You are female

What is reimbursed	Amount reimbursed	Characteristics
Ear position correction surgery (D.1.3.)	Maximum 100 % once per insured person	 This healthcare is not subject to the deductible From the age of 18, the deductible does apply to, for example, preliminary examinations, follow-up examinations or laboratory tests if these are not part of the treatment claimed under the Diagnosis-Treatment Combination ('Diagnose Behandel Combinatie', DBC)
Treatment for snoring (D.1.8.)	100 %	 This healthcare is not subject to the deductible From the age of 18, the deductible does apply to, for example, preliminary examinations, follow-up examinations or laboratory tests if these are not part of the treatment claimed under the Diagnosis-Treatment Combination ('Diagnose Behandel Combinatie', DBC)
Replacement of breast prostheses (D.1.9.)	100 %	 This healthcare is not subject to the deductible From the age of 18, the deductible does apply to, for example, preliminary examinations, follow-up examinations or laboratory tests if these are not part of the treatment claimed under the Diagnosis-Treatment Combination ('Diagnose Behandel Combinatie', DBC)
Oral care		
Statutory personal contribution for full upper and/or lower dentures (P or J codes) (D.8.3.b.)	Maximum 200 euros per year	 This healthcare is not subject to the deductible From 18 year(s)
Crown, bridge and inlay (R code) (D.8.2.)	Maximum 500 euros per year	 This healthcare is not subject to the deductible Up to and including 17 year(s)
Orthodontic care (D.8.5.)	Maximum 2.000 euros as long as you have this additional insurance package with us, 70% per treatment, after a waiting period of 365 days	 This healthcare is not subject to the deductible Up to and including 17 year(s)

What is reimbursed	Amount reimbursed	Characteristics
Orthodontic care (D.8.5.)	Maximum 250 euros as long as you have this additional insurance package with us	 This healthcare is not subject to the deductible From 18 year(s)
Oral care in the event of an accident (D.8.6.)	Maximum 20.000 euros per accident	This healthcare is not subject to the deductible
Obesity treatment		
Obesity treatment (D.11.)	Maximum 500 euros once per insured person	This healthcare is not subject to the deductible
Prevention		
Flu jab (D.2.2.i.)	Maximum 1 time(s) per year	This healthcare is not subject to the deductible
Prevention for travel abroad (D.2.3.e.)	Maximum 250 euros per year, for all the healthcare combined	This healthcare is not subject to the deductible
Consultation on menopause, PMS or cancer (e.g. breast cancer) (D.2.5.a. and D.2.5.b.)	Maximum 200 euros per year, for all the healthcare combined	This healthcare is not subject to the deductible
Dietary advice (D.2.7.)	Maximum 200 euros per year	This healthcare is not subject to the deductible
Accommodation/admission		
Therapeutic camp (D.13.1.)	Maximum 200 euros	 This healthcare is not subject to the deductible Up to and including 17 year(s)
Accommodation costs (D.13.2.a.)	Maximum 200 euros per year	This healthcare is not subject to the deductible
Accommodation costs for stay at Villa ExpertCare (D.13.2.b.)	Maximum 200 euros per year	 This healthcare is not subject to the deductible Up to and including 17 year(s)
Recuperation home (D.13.6.)	Maximum 1.000 euros per year	This healthcare is not subject to the deductible
Childcare in the case of admission of a parent (D.13.8.c.)	Maximum 200 euros per year, per family, from the 10th day of admission	This healthcare is not subject to the deductible
Personal contribution for a stay in a hospice (D.13.7.)	Maximum 1.000 euros per year	This healthcare is not subject to the deductible
Transport		
Statutory personal contribution for patient transport: transport by car, taxi, public transport or other transport (D.12.1.a.)	100 %	This healthcare is not subject to the deductible

Additional allowance per kilometre when using a car (D.12.1b.) where using a car (D.12.1b.) where using a car (D.12.1b.) where your additional insurance policy, we first reimburse under the general insurance policy, we medical healthcare (D.12.1c.) and then under your additional insurance package. You can choose from one of the follow// preimbursements: 1. transport by car to specialist medical healthcare (D.12.1c.) Maximum 19 euros per kilometre the deductible which deductible to the deductible medical healthcare (D.12.1c.) Maximum 200 euros per year and mission of a child (D.12.2c.) Maximum 200 euros per year and defunction of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per kilometre and mission of a child (D.12.2c.) Maximum 19 euros per year and the deductible and t	What is reimbursed	Amount reimbursed	Characteristics
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1. transport by car to specialist medical healthcare (D.12.1.d.) 2. public transport to specialist medical healthcare (D.12.1.d.) 3. public transport to specialist medical healthcare (D.12.1.d.) 4. This healthcare is not subject to the deductible medical healthcare (D.12.1.d.) 5. The reinbursement of 200 euros applies to the following healthcare combined: • travel costs by car upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport upon admission of a child (D.12.2.a.) • travel costs by public transport to the deductible • this healthcare is not subject to the deductible • this healthcare is not subject to the		100 %	-
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Childbirth course (D.19.2.) Maximum 200 euros per year • This healthcare is not subject to the deductible Healthcare during childbirth Personal contribution for outpatient childbirth (D.20.1.) TENS machine (D.20.2.) • Weeks • This healthcare is not subject to the deductible Healthcare after childbirth Breastfeeding-related advice (D.21.1.) Statutory personal contribution for obstetric care (D.21.2.) Additional obstetric care when Maximum 200 euros per year other deductible • This healthcare is not subject to the deductible • This healthcare is not subject to the deductible	General foot care (D.15.1.)	Maximum 150 euros per year	
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Personal contribution for outpatient childbirth (D.20.1.) TENS machine (D.20.2.) 6 weeks This healthcare is not subject to the deductible Healthcare after childbirth Breastfeeding-related advice (D.21.1.) Maximum 200 euros per year (D.21.1.) Statutory personal contribution for obstetric care (D.21.2.) Additional obstetric care when Maximum 5 days maximum of 3 This healthcare is not subject to the deductible This healthcare is not subject to the deductible	Childbirth course (D.19.2.)	Maximum 200 euros per year	
childbirth (D.20.1.) TENS machine (D.20.2.) 6 weeks This healthcare is not subject to the deductible Healthcare after childbirth Breastfeeding-related advice (D.21.1.) Maximum 200 euros per year This healthcare is not subject to the deductible Statutory personal contribution for obstetric care (D.21.2.) Additional obstetric care when Maximum 5 days maximum of 3 This healthcare is not subject to the deductible	Healthcare during childbirth		
Healthcare after childbirth Breastfeeding-related advice (D.21.1.) Statutory personal contribution for obstetric care (D.21.2.) Additional obstetric care when Maximum 200 euros per year of the deductible This healthcare is not subject to the deductible This healthcare is not subject to the deductible This healthcare is not subject to the deductible	•	100 %	
Breastfeeding-related advice (D.21.1.) Maximum 200 euros per year • This healthcare is not subject to the deductible Statutory personal contribution for obstetric care (D.21.2.) 100 % • This healthcare is not subject to the deductible Additional obstetric care when Maximum 5 days maximum of 3 • This healthcare is not subject to	TENS machine (D.20.2.)	6 weeks	
(D.21.1.) the deductible Statutory personal contribution for obstetric care (D.21.2.) 100 % Additional obstetric care when Maximum 5 days maximum of 3 the deductible This healthcare is not subject to	Healthcare after childbirth		
obstetric care (D.21.2.) the deductible Additional obstetric care when Maximum 5 days maximum of 3 • This healthcare is not subject to	_	Maximum 200 euros per year	_
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What is reimbursed	Amount reimbursed	Characteristics
Aftercare following care in an incubator (D.21.5.)	Maximum 15 uur	This healthcare is not subject to the deductible
Obstetric care after hospitalisation (D.21.6.)	Maximum 15 uur	This healthcare is not subject to the deductible
Obstetric care in the case of adoption (D.21.8.)	Maximum 3 days maximum of 3 hours a day	This healthcare is not subject to the deductible